



JULIE ALLICK

BIRTH DOULA
POSTPARTUM DOULA
HOLISTIC NUTRITION

ABOUT ME

I am a big ol' nerd and I absolutely thrive when I am able to fill my brain! I love to read about birth related topics as well as many others. I also spend a lot of my free time in the gym, working on my physical strength so I may be well balanced with my mental strength. After (and sometimes during) all that, I enjoy being with my family and volunteering at my kids' elementary school.

WHAT MAKES YOU A GREAT CARE PROVIDER?

I am a compassionate and professional care provider. With extensive experience in holding space for people and active listening skills, I am able to provide quality support on even the most sensitive topics.

WHAT DO YOU ENJOY ABOUT THIS WORK?

My favorite thing about birth work is being able to connect with and support a birthing person during such a transitional time in their life.

WHAT SETS ME APART FROM OTHERS?

I have zero biases about your business. I am able, willing, and excited to provide support, no matter what your birth philosophies are! I offer my strong, calm, and receptive personality in any situation.