



SERENITY SANCHEZ

LABOR DOULA
POSTPARTUM DOULA

ABOUT ME

My favorite things outside of work are family time, camping, crafts and reading. I believe in enjoying the little things in life because that is where a thankful heart is born.

WHAT MAKES YOU A GREAT CARE PROVIDER?

I am empathetic, a good listener, patient, warm and want to leave a person better than I found them. I feel new life is a blessing that cannot be matched to any other. I am happy when I can make a difference in lives whether it be big or small, especially in these uncertain times. It is a pleasure to be able to help a woman feel empowered and confident in her journey through pregnancy, birth and one day adoption and surrogacy by providing the support, information, encouragement and just holding space at times nothing else is needed.

WHAT DO YOU ENJOY ABOUT THIS WORK?

I am currently a toddler teacher and love it. I enjoy teaching children and giving them a sense of independence, knowledge, and structure. Cuddles are my favorite time of the day. Being able to help lessen the stress for the family to be better able to enjoy the miracle of the journey.

WHAT SETS YOU APART FROM OTHERS?

I have had many hard life experiences and understand everyone is different and process different stresses and pain differently and that is perfectly ok.