



ALISHA MARTINEZ

POSTPARTUM DOULA

ABOUT ME

I enjoy spending time (when I can travel) with my family! I also enjoy fishing, camping and warm weather! I still love seeing my 'old' nanny families and keeping in touch with them!

WHAT MAKES YOU A GREAT CARE PROVIDER?

I have worked with so many children which has taught me to care and love with an open heart. I give it my all, which helps me to get the job done without being asked. I have a gentle touch and a calm presence that gives mothers a safe place.

WHAT DO YOU ENJOY ABOUT THIS WORK?

I love knowing I am making a difference in someone's lives even if it may seem like a small difference. Every mothers emotions are going to be different but after working with so many children it has taught me to listen with an open heart.

WHAT SETS YOU APART FROM OTHERS?

I have worked the nanny position for quiet some time now, so I'm coming in full force for the mothers. I am wanting to explore this next adventure with the mother's I meet and have us all come out with a sense of peace and calm.