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# ERYN SKINNER

LABOR DOULA:  
POSTPARTUM DOULA

## ABOUT ME

I enjoy spending time with my husband and two kids. We love playing games together, entertaining friends, and just being together. I also love getting lost in a good book. I enjoy planting flowers and getting my hands dirty.

## WHAT MAKES YOU A GREAT CARE PROVIDER?

I am an empathetic, compassionate person with a unique ability to comfort and help families through a life changing experience. I am passionate in providing care that is specific to the needs of those I am helping. My life experiences have shaped me into the caregiver that I am. I am a safe place for families to process and navigate the unknown and have an awareness to support and care without judgement or criticism.

## WHAT DO YOU ENJOY ABOUT THIS WORK?

Connecting with people in a way that makes them feel like they have a friend rather than just a care giver. I love to help make the experience of welcoming a child fun, joyful, and amazing.

## WHAT SETS YOU APART FROM OTHERS?

I naturally fall into a motherly roll when caring for others. I connect with people on a personal level creating a safe place without judgement. My flexibility and awareness helps me put the needs of others above my own. My approachability and tender heart opens the door for people to feel comfortable.