



MICHAEL SLIS

LABOR DOULA:
POSTPARTUM DOULA

ABOUT ME

In my off-time I love spending time with my family. We often spend time outdoors whether it is hiking, barbecuing, or finding a new park. I enjoy cooking, reading, and making music.

WHAT MAKES YOU A GREAT CARE PROVIDER?

I am, by nature, a giver. I am the most happy when caring for others. If you need to talk, I am willing to listen. If you need me to battle the dishes, I will battle the dishes. If you just need someone to love the baby so you can sit, shower, dream, or run an errand I can do that as well. I have had a newborn baby and know that sometimes a little extra help goes a long way. I will be flexible to your families needs.

WHAT DO YOU ENJOY ABOUT THIS WORK?

I enjoy helping. Growing a family is beautiful but can be overwhelming, and I like being there to help you feel a little less stressed. I love that I get to make those first moments more joyful by providing support where families need it the most.

WHAT SETS YOU APART FROM OTHERS?

As a mother of four I have had a wide array of experiences. What I know is that every baby, every family is different and I am willing to use my expertise to help each individual family find what works best for them. I am caring, patient, and a life-long learner.