



RACHEL FOWLER

LABOR DOULA
POSTPARTUM DOULA

Sleep Training
Lactation Support
Sibling Care

ABOUT ME

I am a mother to a beautiful toddler girl. On my off time you can find us at the zoo, splash pad or just hiking in the mountains!

WHAT MAKES YOU A GREAT CARE PROVIDER?

Attentive, trustworthy, and dependable.

WHAT DO YOU ENJOY ABOUT THIS WORK?

I love watching new families form and really enjoy helping them get into a routine with their new baby/babies! This can be an overwhelming time in new families lives and I'm just here to make it go as smooth and enjoyable as possible.

WHAT SETS YOU APART FROM OTHERS?

I really listen and understand the dynamics of the families I am work with. I work with you to decide how and what you want in birth and postpartum. I'm full of knowledge and ideas but focus on what YOU want for your child and to help you navigate the beginnings of parenthood!